

SETTING UP A MAKE UP WORK STATION SAFELY & HYGENICALLY

Rules and procedures have heightened since 2020 and you now need to have more disposable items and more containers with lids, plastic bags that can be thrown away as well as PPE items for you to work. Keep abreast with government guideline if new recommendations or rules come out.

When setting up and cleaning your work area wear a clean, new pair of disposable gloves and make sure to throw them away before working on your client and putting on a clean pair. (If these get dirty or touch anything they shouldn't you must dispose of them and put on a new pair.)

Spray the area with an antibacterial spray suitable for the area and wipe thoroughly.

Have a bin with a lid in your area to put all rubbish in and bin bags so they can be disposed of safely.

Have isopropyl alcohol for cleaning your palette tray, palette knife and also any powder make up.

Have a good make up brush cleaning spray.

Cover your table (or where ever you are working-your 'station') in coach roll or kitchen/paper roll, to help keep any spillages, dirt etc on that rather than the table.

In separate containers with lids have cotton wool, cotton buds, tissues, wipes & disposable mascara wands.

Have a cleanser, toner, moisturiser, serum, primer & vaseline or eight hour cream.

Have a couple of hair clips and /or a hair band-also in a container with a lid.

A palette & palette knife- stainless steel or plastic.

A sharpener, tweezers, eye lash curlers-in a container with lid.

A cape (a clean one for each client) to cover your clients clothes and some clips or hair band to clip their hair off their face if needed. It is easier and more hygienic to ask your client to do this themselves.

Arrange your brushes either in pots with 'types' together such as blending brushes, powder brushes, lip brushes etc so you know where they are. These need to be covered so you can either use brush pots with lids or a clean plastic bag (such as a sandwich bag) that then can be thrown away after each client.

Have a separate pot with a label on saying 'Dirty brushes' or a plastic sandwich bag, that you put all the used dirty brushes in and are therefore marked clearly and you know to clean them before using again.

Have a few beauty blenders and powder puffs-again in a container with a lid or zip up pvc bag.

The pots/containers you use must be able to be cleaned as if they can't be cleaned or disinfected they can harbour bacteria and germs.

A container with a pull up lid section is great for being able to just get out one or two cotton pads or whatever item you need at a time. You can tip the container to release the item this way and this means less risk of touching other items.

Be inventive and these items don't have to cost a fortune as pound shops can have these items. A plastic container like a Quality sweet tub from Christmas, if sterilized is a good one for keeping items clean and stored and this is also able to be cleaned and disinfected out.

Have your make up in an order that works for you -perhaps in the order you do make up. As long as it's neat, accessible and laid out to be as quick and easy to use then it's up to you! It can help putting lip liners, eye liners etc as in any 'pencils' in pots too. Only get out what you think will be needed to both save on space and also to keep all the make up hygienic.

Have a setting spray -it can be worth doing a patch test with this at the start on your client by spraying some behind their ear or on a wrist to check the client feels comfortable with it.

A pack of baby wipes is useful for cleaning up spills, mess etc.

A clean flannel or something that if required you can wash off someone's makeup and cool their face down.

An empty plastic box with lid can be useful to put aside anything you use tools wise or palette wise that will need cleaning & disinfecting before you use on your next client. By doing this you know that what ever is in the plastic box is dirty.



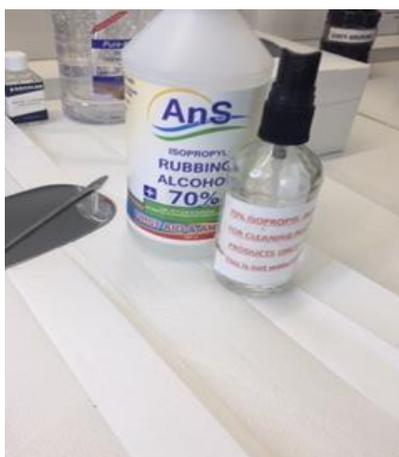
1. Wearing disposable gloves and an antibac spray. Clean the surface you are working on and the surrounding area as well as the chair your client will be sat in. Lay out fresh coach roll or kitchen towel over the area.



2. Have all your tools such as cotton buds, cotton wool, mascara wands, disposable lip brushes etc in containers with lids. These must be in containers that can be disinfected and cleaned. You can get these cheaply from places such as the pound shop and such. The lids help the tools keep clean when not in use. When you use them just take out what you need each time and then close straight away.



3. Keep your brushes in closed containers or a pot as shown in the picture with a clean plastic bag (such as a sandwich bag) covering them. If you do it this way you would need to dispose of the bag after each client and use it for the rubbish such as cotton buds etc. If you use a brush pot (as seen) make sure you clean it after each use. Always keep a separate pot labelled 'Dirty brushes' to put in your dirty brushes once used. This stops any confusion as to whether they are clean or not. Also have a brush cleaner that you can use instantly so if you need to clean a brush whilst working you can. If you have a few sets of brushes to use a clean set on each new client that is fabulous but if not you need to clean them properly between clients.



4. Have isopropyl alcohol 70% decanted in to a glass spray bottle and labelled safely. This is used for cleaning tools, palette trays, brushes and it can be sprayed onto any powder make up to clean it (though not cream based products.)



5. A hand sanitizer for yourself and clients is a must-if it has a pump like the one pictured then make sure you antibac/disinfect the pump part between each use.



6. Keep powder puffs, beauty blenders and any other tools such as eyelash curlers, tweezers in PVC bags or containers to keep as sanitary as possible.



7. A stainless steel palette and palette knives or plastic ones are essential for putting products on in a hygienic way and can be cleaned easily washing and with isopropyl spray. Keep covered in a container when not in use.



8. Your finished set up (2020 new way of living & working style!) should look something like this. Of course there is no make up here as you can see. In regards to the actual make up, try to get out what you need only. If you do this stages at a time that is best. By this we mean get your base products out, then your eyes products etc so there is not an abundance of stuff out. Anything used needs to be cleaned thoroughly, hygienically and safely. It can help to keep an empty container or tray to put used stuff in so you then know you have to clean it before putting it away.



9. Repeat the antibacterial spray and disinfecting cleaning routine after each client. Dispose of all rubbish used in a bin with a lid containing a bin bag and tie it up and get rid of it before your next client.