



BRIDAL HAIR LESSON PLAN

Each day has extra hand outs and resources available such as books, magazines etc)

BRIDAL HAIR CERTIFICATE COURSE

(The vast majority of demos in our hair course are done on practice hair heads (that have really hair not synthetic). If time or if through request demos on a student can be done also.)

BRIDAL HAIR

The Bridal hair days begin with a read through of the manual with helpful insights and advice about working in the bridal market including arranging trials, what products to use and not use , how to work out what prices to charge, how to advertise and get all important testimonials , feedback and photographs after the wedding. (The following order is not set in stone over the two day course but all are included/or variations of.)

The first demo is of a blow dry, which is a service it's self to offer, so an important one to master. The students then practice this.

The next demo starts with a basic pony tail, then changing this into a 3/5/7 stem bun and showing the appropriate clips/hair bands products to use to secure this. Students then practice this.

A classic french pleat/twist is demonstrated which included how to safely back comb hair. Variations in how to change the front section are shown including pinning back, sleeking down to one side and curling. The students then practice this.

How to do different styles of braids is demonstrated. Braids (or plaits what ever students prefer to call them!) shown include-

- .A classic three stem braid

- .French braid

- .Dutch/German/Boxer braids

- .Rope plait

- .Waterfall braids

- .Fish tail braids

- .Combining different braids together to achieve different styles

- .Working braids in to pony tails, buns, twists and other styles

Students then practice all of these.

- .Messy buns are demonstrated-including to the side, up high, low and 1/2 up /1/2 down and a double and triple messy bun.

The students then practice these styles.

- .Low flower up do and Stacked twist up do are shown-styles that are easier to do than they sound!

Students then practice these.

.CURLING

- .Demonstrations of the following are including in the course-

- .Curling with a heated roller set

- .Curling with tongs/straighteners

- .Achieving beachy waves with tongs/straighteners

- .Students practice all these techniques.

.1/2 up hairstyles including

.Twists

.Braided headband

.Back combing for height at the front

.Curly 1/2 Up dos

Students then practice these techniques styles

The last part of the two days include going over any particular style or technique students want to repeat again and answering any questions regarding he course. Students are encouraged to purchase a practice head to practise, practice, practice!

Bridal hair class.....

